Title: “Parts Must Participate in Ministry Addressing the Problems They Carry”

September 7, 2026

Greetings all,

Just a quick note to let you know about an updated and re-posted essay presenting a simple-but-important point with respect to working with internal parts. (Available as free download from the Kclehman Website Archives section of the Resources page https://www.immanuelapproach.com/kclehman-com-website-archives/)

I have also included the text below, since it is a very short essay.

Blessings,

Dr. Lehman/Karl

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Parts Must Participate in Ministry Addressing the Problems They Carry
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An experience with one of my clients clarified a simple-yet-important principle for working with internal parts.

If an internal dissociated part is carrying a trauma-anchored lie, bitterness towards a certain target, self-pity regarding a certain issue, a specific vow, etc, then that part must be present, connected, and in agreement during any interventions that work to resolve the problem.

I stumbled onto this simple insight during a session in which the recipient was dealing with a pattern of sin that was persistent and that had associated demonic strongholds. It was clear that these sins and demonic strongholds were very important, and the recipient was displaying a lot of emotional intensity as they prepared for prayer, so I was therefore expecting a lot of emotional reactivity during their prayer to address these problems. Much to my surprise, they went through the prayer like they were reading the phone book. There was no perceptible benefit and the session remained stuck. Suddenly a light bulb went on for me: “I wonder if the internal part who is carrying this stuff was connected for the prayer?” I asked this question and immediately got the following response, “Oh, no, I could feel the part with all the emotions disconnect as soon as we started to pray.” This seemed totally obvious and logical as soon as the light bulb went on (one of those insights where you wonder ‘How could I have missed this one for so long?’)