

Title: "How Much Time Should I Plan on for Teaching Demos?"

April 6, 2026

Greetings all,

Just a quick note to share my thoughts regarding a very practical question I get from trainers: "How much time should I plan on for teaching demos?"

For basic teaching demos:

1. Demos from teaching videos: An especially simple option is to just use the demos from the basic training seminar. The basic training videos include demos for connecting with Jesus in a non-God positive memory, connecting with Jesus in a God positive memory, basic troubleshooting, basic and intermediate safety nets, and three variations of trauma work. With this option, you know exactly how long the demo will take and you know exactly what material the demo will include.

2. Live demos: If you want to do your own live demos, I recommend planning for the amounts of time specified for the practice exercises in the Basic Training outline/summary

(<https://www.immanuelapproach.com/wp-content/uploads/2025/05/Outline-IA-Basic-Training-Segs-MHPs.pdf> or <https://www.immanuelapproach.com/wp-content/uploads/2025/05/Outline-IA-Basic-Training-Segs-Non-MHPs.pdf>), and also in each of the practice exercise instruction handouts (<https://www.immanuelapproach.com/exercises/>)

For intermediate-advanced teaching demos:

1. Live ministry series sessions: An especially simple option is to just use intermediate-advanced sessions from our Live Ministry Series (LMS) videos. With this option, you know exactly how long the demo will take and you know exactly what material the demo will include.

2. Live demos: When I do intermediate-advanced teaching demos with a recipient I don't know, I plan for 90 minutes for the actual session time. With 90 minutes you should get to a good place of resolution 75% to 90% of the time (depending on your skill level). And when you occasionally run out of time and have to use the safety net, you can remind the trainees that this is part of the plan with the Immanuel Approach. (It is good to actually demonstrate this once in a while.)

Blessings,

Dr. Lehman/Karl

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<https://www.immanuelapproach.com/supporting-lehmans-immanuel-approach-work/>