

Title: Plenary Presentation at Mental Health Collective

March 16, 2026

Greetings all,

Just a quick note to let you know about an exciting development and to ask for prayer.

As many of you know, for the past several years Charlotte and I have been participating in a think-tank for Christian mental health professionals that Chick-Fil-A sponsors each April at their retreat center in Georgia. As mentioned in previous newsletters, this has been an incredibly productive opportunity for networking and sharing about the Immanuel Approach. The exciting new development is that Charlotte and I have just been asked to provide one of the plenary presentations, as a team. We will be talking about how staying relational is central to discipleship and about the Immanuel Approach.

We are excited but also anxious, since this will be a new presentation that we have never given before and the audience will be Christian mental health leaders from across the country. We would greatly appreciate your prayers, for both preparation and delivery. (The conference will be Wednesday April 15 through Friday April 17, with our presentation on Thursday afternoon.)

Blessings,

Dr. Lehman/Karl

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