

Title: Podcast with Remnant Radio: “The Brain Vs Mind – Connected BUT Different”

February 23, 2026

Greetings all,

Just a quick note to let you know about a really fun podcast that has just been released: “The Brain Vs Mind – Connected BUT Different,” from an interview I did with Joshua Lewis (Remnant Radio).

A couple of the key points:

- The non-biological, non-physical mind/spirit is fundamentally different and separate from the biological, physical brain. I discuss NDEs (near death experiences) and other supporting evidence.
- The biological brain and the non-physical mind/spirit are so intimately connected and intertwined that they each affect the other. Medication to fix brain imbalances can resolve mind/spirit mental illness symptoms, and psychotherapy to resolve mind/spirit problems can resolve brain imbalances. (We even talk about psychotherapy with rats! Doesn't that make you curious?)

YouTube link for the podcast: <https://youtu.be/JzSQnWkcnA4>

Note that the podcast is actually only 1.5 hours long, but the label says almost two and a half hours (an uploading glitch). So don't be intimidated.

Also, a quick note to correct an erroneous link from last week's newsletter. (Yes, I did it again! Arghhh!) I had originally posted the essay regarding different kinds of internal parts in the Klehman Website Archives, but then decided to move it to the Special Subjects/Advanced Topics section. I corrected the text regarding where to find it, but forgot to change the link. (This link went to the Klehman Website Archives section.) Here's the correct link: <https://www.immanuelapproach.com/special-subjectsadvanced-topics/>

Blessings,

Dr. Lehman/Karl

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