

Title: "Is the Immanuel Approach Psychotherapy or Prayer Ministry?"

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Occasionally people ask whether the Immanuel Approach is prayer ministry or psychotherapy. My perception is that Immanuel Approach principles and techniques can be applied in either context. Pastors and lay ministers can apply Immanuel Approach principles and techniques in the context of *prayer ministry*, and build an Immanuel-Approach-based form of Christian emotional healing *ministry* that is Immanuel *Prayer Ministry*. Similarly, Christian mental health professionals can apply Immanuel Approach principles and techniques in the context of psychotherapy, and build an Immanuel-Approach-based form of *psychotherapy*.

For additional thoughts regarding how mental health professionals can use the Immanuel Approach in the context of their psychotherapy practices, see "The Place of the Immanuel Approach In the Treatment of Clinical Disorders" and "Informed Consent: General Comments and Sample Form for Immanuel Approach Emotional Healing" in the Special Subjects/Advanced Topics section of the Resources page (<https://www.immanuelapproach.com/special-subjectsadvanced-topics/>). And see the "Practical Logistics" section of the "Cumulative FAQ Document" on the FAQ page (<https://www.immanuelapproach.com/faqs/>)

Blessings,

Dr. Lehman/Karl

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