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Triggered Traumatic Content and Verbal Logical Explainer (VLE) Confabulations

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A dramatically updated, expanded, improved version of this material is now presented in chapters one through six in *Outsmarting Yourself*.¹

¹ Karl Lehman, *Outsmarting Yourself: Catching Your Past Invading the Present and What to Do about It*, second edition (Libertyville, IL: This Joy! Books, 2014), pages 5-69.