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Identifying When You Have Lost Access to Your Relational Connection Circuits, and Getting Them Back On Line

(Karl D. Lehman, M.D., New 7/26/2008, Last Revised 1/16/26)

A dramatically updated, expanded, improved version of this material is now presented in chapters twelve through twenty-four in *Outsmarting Yourself*.¹

¹ Karl Lehman, *Outsmarting Yourself: Catching Your Past Invading the Present and What to Do about It*, second edition (Libertyville, IL: This Joy! Books, 2014), pages 109-240.