



How Can I Help Spread the Immanuel Approach?

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I get quite a few e-mails along the lines of, "I love the Immanuel Approach! I and my family (and friends, clients, parishioners, etc) have experienced (fill in various poignant benefits and blessings) through the Immanuel Approach. Is there anything I can do to help spread the Immanuel Approach?"

First of all, I LOVE getting these e-mails. I love hearing about the many ways in which people are experiencing blessings with the Immanuel Approach, and it is very encouraging that so many are wanting to help more people benefit from this wonderful resource. Here are a few quick thoughts:

- Embrace the IA lifestyle, with regular IA sessions in one context or another. One of the most powerful ways to spread IA is to exhibit increasing, lasting, observable fruit in your life, and then be ready to share about your experience with IA as those around you start asking about the positive changes in your life. As those around you see, be ready to share.
- Look for opportunities to train one or two at a time, in your closest circles. For example, "I can facilitate a session for you if you would like to try it - and we can do just the first steps...if that feels more comfortable." And then, "If you would like, you can try facilitating for me..."
- Be familiar with the intro resources on the Getting Started page, and when people ask you about IA, refer them to the specific intro resources that would be most appropriate for their particular situation.
- As you feel lead/inspired, contribute to the Lehman Immanuel Approach Ministry fund (<https://www.immanuelapproach.com/supporting-lehmans-immanuel-approach-work/>). I spend LOTS of time and energy promoting IA around the world (see examples here: <https://www.immanuelapproach.com/wp-content/uploads/2025/04/LehmanIAFundEndeavors.pdf>), but most of the benefits end up going to other ministries. Contributions to the Lehman IA Ministry fund help support my efforts to spread the Immanuel Approach.

Thank you to all of you who are helping with this!