

Title: IA Ministry with InterVarsity Local Chapters

July 14, 2025

Greetings all,

A number of you have asked whether you might be able to provide Immanuel Approach sessions and/or consultation for local InterVarsity students and staff. This is a possibility that Peter Horton and I have been kicking around for several years now, and it could be a great resource and blessing. After recent communication with Peter regarding this possibility, here are my thoughts:

- Many InterVarsity staff have already had positive experiences with Immanuel Prayer. For example, many staff have students that had positive experiences with IP at Urbana 2022, and more than 500 staff received sessions from IP volunteers at the Jan 2024 Orlando national staff conference. So I am expecting that many local chapters would be grateful for volunteers willing to provide IP sessions and/or consultation.
- I'm guessing that there are also some staff with questions/concerns, so we can't be certain with respect to how the staff for any give chapter might respond.
- Peter does not have the bandwidth to facilitate connections between IP volunteers and local InterVarsity chapters. So the way to move forward would be for potential volunteers to just contact local InterVarsity staff directly. The Intervarsity.org website has a place to find the staff for your local campus (<https://intervarsity.org/chapters>). If you are wanting to offer IP sessions and/or consultation, you can go to this webpage, find the local staff, and communicate with them directly. The staff can then personally get to know you, discern whether their chapter has a need for what you are offering, and work with you directly regarding practical details.
- One practical issue is that InterVarsity staff can't just let unknown volunteers facilitate ministry for students, especially since some freshmen will still be minors. One way this concern is often addressed is for the volunteer to become an official InterVarsity volunteer (a process which includes a background check, but is otherwise surprisingly simple). Or if the volunteer is already a practicing counselor and/or already working for a local church, the InterVarsity staff can just refer students to the volunteer in that setting.

If you end up providing Immanuel Approach sessions and/or consultation for local InterVarsity staff and/or students, please let me know how it goes.

Blessings,

Dr. Lehman/Karl

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<https://www.immanuelapproach.com/supporting-lehmans-immanuel-approach-work/>