

Title: "An Especially Beautiful Immanuel Approach Session"

March 17, 2025

Greetings all,

One of the participants from one of my mentoring groups recently sent me a note about an especially beautiful Immanuel Session. Thought the rest of you would enjoy it. (Shared with permission.)

"I got to facilitate a session yesterday that had no pain points or stuckness – nothing getting in the way of Jesus being with the person the entire hour. From the start of the opening prayer, the person sensed His presence and undivided attention and that continued throughout the session.

It reminded me of the session you have described about the man who had such a profound experience of his child-self going camping and fishing with Jesus, and riding on the rollercoasters at Disneyland with Jesus, and going on a cruise with Jesus, etc.

Wow! I'm still in tears over it. It was/is amazing to witness. My mirror neurons are going crazy in a happy good way!

I'm so blessed!"

Blessings,

Dr. Lehman/Karl

P.S. For a more detailed account of the man who went camping and fishing and rollercoaster riding with Jesus, see pages 37-40 in either *An Introduction to the Immanuel Approach* or *An Introduction to the Immanuel Approach for Mental Health Professionals*.

P.P.S. I made a small edit to Immanuel Approach and Traumatic Brain Injury essay, which then requires replacing the older version with the updated essay, which then also requires an updated the link. Here's the link to the Special Subjects/Advanced Topics page, where the updated essay can be found. (The link to the page will remain the same even with future updates to the essay.) <https://www.immanuelapproach.com/special-subjectsadvanced-topics/>

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