

Title: Essay on Suicide-Related Phenomena

September 2, 2003

Greetings all,

I finally, finally, finally finished the essay (small book) on suicide related phenomena. It's only 54 pages long. The essay is also posted in the "Special Subjects/Frequently Asked Questions" section on the Resources page of our IA web site ([www.immanuelapproach.com](http://www.immanuelapproach.com)). This is not an easy-to-read document, but hopefully will be helpful to those of you who work with suicidal clients and those of you who struggle with suicidal thoughts.

Charlotte volunteered to be the first lay person "test pilot." She found the beginning (the section on mimic suicidal behavior vs true suicidal behavior) to be technical and hard to read, but found the rest of the essay to be more readable, with lots of information that a lay minister could use. She suggested that it might be helpful to start with reviewing the ministry aids at the end, or to print them out and refer to them as one reads the rest of the document. She felt this might help the reader hold onto the "big picture" as you go through the rest of the document.

I would be interested in feedback, especially from those of you who work with suicidal clients and those of you who struggle with suicidal thoughts.

Blessings,

Dr. Lehman/Karl

**2024 Addendum:** For a MUCH easier place to start regarding how to care for an Immanuel Approach recipient who mentions self-harm thoughts and/or self-harm behavior, see "Can I use the Immanuel Approach with someone who is suicidal?" in the Cumulative FAQ Document on the FAQ page of our IA website.

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