

## EXTRA HINTS

### Advice for Facilitating

- Make sure you focus on the person, not the process. Don't let your mind get so wrapped up in the details that you do not first connect with the recipient and sense where they are at right now. Anxious, afraid, angry, ashamed, embarrassed....?
- Do not "tell" them what to do. Ask, would it be okay with you if...? Would you be willing to...? Always be gentle.
- Do not be tempted to give personal advice. Keep having them ask Jesus what He thinks, what He desires. He is the Wonderful Counselor, after all! And this will take the burden from you.
- Keep re-directing the recipient's attention to Jesus. Make sure they still are connected with Jesus' presence. If they ask you a question, say: Why don't you ask Jesus this question and listen to what He says.
- Don't rush things. Give people time. Pay attention to the expressions that cross their faces.
- If anywhere in the process you do not know what to do...you go back to the positive place, to the positive memory, to the safety net.
- ALWAYS end on the positive memory. ALWAYS end in appreciation, no matter what has happened, or not happened. It is, after all, in God's hands.

### Perceiving God's Presence in Different Ways

- If the recipient has a sense of His presence but doesn't see Jesus, that's okay.
- Some people may have only a vague sense of His presence because their brains are wired to have more vague pictures in general.
- Others may only get a sense because of blocks and as blocks are removed, His presence will become clearer.
- Some people are more "feeling" and they may feel His presence - physical sensation such as goose bumps, warmth etc.
- Some just "know" He is there but don't see clearly. The recipient can ask Jesus to make Himself clearer.
- If they have a sense of His presence and it's not super clear, but they have a positive connection with Him and feel they can interact with Him, go forward with the exercise.
- Some people will only have subtle, simple God-thoughts at first. As long as they recognize it as being God, we can start there. Some who only have a subtle sense of Him may be disappointed. The more they practice with a facilitator, speaking aloud the thoughts coming to mind, they will eventually move forward to have richer experiences with Jesus.
- As a person understands that even very vague thoughts can be from God—if those thoughts are in alignment with who God is—when they ask questions like, "What's in the way of me connecting with You more strongly?", they can be aware that even subtle thoughts are from God, and therefore be able to cooperate with what He is saying.

- Some may get visual imagery they don't immediately recognize as representing God. How does it make them feel? Coach them to ask Jesus what He wants them to know about the image—it could be that He is showing Himself as a color or picture because of the person's capacity.
- According to Dr. Karl, sometimes God chooses to manifest Himself through images that are not only surprising but unorthodox. So do not immediately discount what a person is saying. Always be gentle and encouraging.