



Karl D. Lehman, M.D. Charlotte E.T. Lehman, M.Div.

TO: The Thurs/Fri/Sat Group Please read this memo thoroughly!  
FROM: Karl Lehman  
RE: Necessary Information for Lehman Immanuel Approach mentoring groups  
DATE: January 8, 2022

Meeting Dates & Time: The first week of each month that includes Thurs, Fri, and Sat. Spring semester: Feb, Mar, Apr, May. Fall semester Sept, Oct, Nov, Jan. Three groups – one Thursday mornings, one Friday mornings, one Saturday mornings – 9:00 am to 12:45 pm CST for each group.

Date Assignments:

Feb/Sept: TBA  
Mar/Oct: TBA  
Apr/Nov: TBA  
May/Jan: TBA

- If you cannot make your assigned date, please contact another group member to negotiate trading dates.
- Please call to let us know if you will miss a group, so we don't wait for you.

Group Members and Contact Information: **Karl** drkarl@kclehman.com

**\*\*When participants have been confirmed, a table with contact information for all participants will go here. That way you can contact each other directly if you want to arrange car-pooling, negotiate switching the date for your designated spot, etc.\*\***

**Group Format:**

**What:** Integrative Emotional Healing Ministry Mentoring Group with Dr. Lehman. Major schools of thought incorporated include Ed Smith DMin's Theophostic® work, Jim Wilder PhD's LIFE Model and THRIVE Conference teachings, and Dr. Lehman's Immanuel Approach. Mentoring is accomplished in several ways:

- 1) The total number of participants will be limited to 8, so each participant in the group will get a 90 minute time slot in a semester of four sessions. The participant who "owns" the time slot can use it in any way he/she wishes. Specific options we have thought of include:
  - Asking questions about your work doing Immanuel Approach healing ministry, your understanding and/or applications of LIFE Model, or THRIVE concepts, any other questions about your clinical work, questions about your own healing, any other questions you want to discuss. You choose who you want to address the question (Dr. Lehman, everybody in the group, or any sub group – be as directive as you wish).
  - Receiving ministry to work on your own stuff, you can choose the facilitator (Dr. Lehman or anyone else who is willing). It can be especially valuable to work on issues that get triggered when you facilitate ministry sessions.
  - Practice facilitating, especially focusing on aspects that are strategic for you (assuming other participants are willing to receive, or bring your own client).
  - Bring a client for ministry session (If you wish to bring a person to the group for a ministry session, he/she must have a primary care provider who is already in place and who is able to provide ongoing care and crisis care. Usually, the group member will be the primary care provider. However, if someone else is the primary care provider, he/she must understand the type of ministry we do, and be in agreement with the plan for the person to obtain a ministry session in the context of the Lehman Mentoring group.

IMPORTANT: Please make arrangements for the person to leave the group after his/her session, so that some debriefing can happen in the group without that person present.)

- Bring in a video of a session to review and discuss
  - Other?
- 2) The group will begin with brief introductions and orientation at the first meeting. In subsequent meetings, the group will start with the first session right at 9:00, **so please be here and ready to go so as to not disrupt the first session.** At the end of the group (12:15 to 12:45) we will have a short follow-up from the persons who received ministry in the previous month's meeting, if applicable. Learning to observe and "test the fruit" is essential to growing in this kind of ministry.
- 3) DVD recordings of sessions in the group:

*What.* Our home office is set up to video-record mentoring group ministry sessions. You do *not* have to have your ministry session videotaped; and even if you do have it recorded, you do not have to do anything with it. If you choose, after the session, you may purchase a copy of your session for \$25. We keep the original recording completely confidential, and will do nothing with it without your express written permission. **\*\*Note: for zoom groups,** you can just record directly to your computer from zoom. So as long as this works, then there is no fee for the recording. However, if your recording is not successful for any reason, we charge the same \$25 (to cover the admin time of communication with recipient, uploading the zoom file to Google, sending zoom link, verifying successful download, deleting file from Google Drive, etc.)

*Why.* Why might you want your session recorded?

- To review it later, to test whether memories worked on are completely healed, and to help identify "splinters" or other related issues to work through
- To share it with a spouse or prayer partner or regular therapist, or others who are walking with you on your own healing journey
- To study the session for your own education as a healing minister – since when one is actually receiving ministry, one isn't paying attention to ministry techniques per se!
- To share the session with a study group, or church prayer team, etc. Obviously, it is completely up to you who you show the recording to and who you don't.

*Usage Agreement.* Note that there are certain restrictions we make on the use of recordings obtained in this way. Please read the Usage Agreement (at office) for details.

**Where:** Usually: Lehman's home office at 707 Madison St, Evanston IL 60202. However, **for duration of COVID pandemic, all sessions will be zoom meetings.**

**Cost:** \$350 for the semester (includes four mentoring sessions). Paying the full fee \$350 fee at the time you confirm your spot is ideal (less administrative hassle for me), but if cash flow is a concern, you can pay \$175 at the time you reserve your spot, with the remainder to be paid by the first session.