

Immanuel Approach Seminar, Intermediate-Advanced Topics

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Next seminar to be arranged

www.immanuelapproach.com [www.immanuelapproach.com]

Where:

Next seminar to be arranged

When:

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What:

If you are planning to attend this *intermediate-advanced* Immanuel Approach conference, you already know that the foundation for the Immanuel Approach is helping the recipient to establish an interactive connection with the living presence of Jesus. You already know that the Immanuel Approach is unusually safe, gentle, effective, and transferrable. You also already know that one can learn the basic Immanuel Approach principles and tools in a matter of hours, but that it takes a lifetime to master the intermediate and advanced principles and tools. In this conference, Dr. Lehman will provide teaching and modeling regarding intermediate-advanced principles and tools for identifying and resolving blockages when recipients are having difficulty connecting with Jesus, for other troubleshooting challenges, for identifying and resolving confusion, accidental counterfeits, and deliberate counterfeits that contaminate connections with Jesus, and for using the Immanuel Approach safety nets in difficult situations. Dr. Lehman will also talk about recipients who have trouble finding positive memories, he will describe how to care for dissociative parts who are pretending to be Jesus, and he will share new insights regarding how to avoid destroying your ministry or causing other harm due to inappropriate relationships. There will be some time for Q&A (as much as we can possibly squeeze in).



Cost: \$180 early registration (early registration ends Sept 1), \$200 regular registration (ends Oct 31), \$230 late registration (Nov 1 through 15). Plus the cost of meal boxes for those who pre-order them (\$10 each, Fri & Sat lunches). **Note: \$50 discount for both conferences together** (see last page).

For online registration: <https://www.immanuelapproach.com/online-registration/>

For more information about the hosting church: <https://www.vineyardaz.com/>

Who should attend:

- Christian lay people. For mature believers who already have some training and experience with the Immanuel Approach, and who already have a good awareness of your own emotional and spiritual strengths and weaknesses – the intermediate-advanced principles and tools presented in this conference will help you keep moving forward, with respect to both your own healing and growth and your ministry to others.

- People in ministry: The primary objective of the Immanuel approach to life is improving the depth and quality of our connection with God, and the Immanuel approach to emotional healing is the easiest, safest, and most effective method that we are aware of for resolving traumatic memories. The Immanuel approach to life and the Immanuel approach to emotional healing are perfectly suited for those in ministry, and especially for those in Christian emotional healing ministry. For people in ministry who already have some training and experience with the Immanuel Approach, the intermediate and advanced principles and tools presented in this conference will help you take the next step in increasing your effectiveness. **Note:** People in ministry who do not yet have training or experience with the Immanuel Approach, *but who already have training and experience with facilitating resolution of psychological trauma in other contexts*, are welcome to attend the Intermediate-Advanced training if they also participate in the Basic conference immediately prior.

- Christian mental health professional: In developing the Immanuel approach, Dr. Lehman and Dr. Wilder have carefully integrated truth from scripture, observations from their combined 60+ years of clinical experience, and brain research regarding trauma, memory, and the neurological pathways for processing painful experiences. The Immanuel approach to emotional healing is also consistent with many of the principles and techniques from the psychotherapies with the most empirical research support, such as cognitive therapy, exposure therapy, and eye movement desensitization and reprocessing (EMDR). Furthermore, in our experience, the Immanuel approach to emotional healing has been the easiest, safest, and most effective method for resolving psychological trauma. For mental health professionals who already have some training and experience with the Immanuel Approach, the intermediate and advanced principles and tools presented in this conference will help you keep moving forward with respect to faith-based psychotherapy work. **Note:** Mental health professionals who do not yet have training or experience with the Immanuel Approach, *but who already have training and experience with facilitating resolution of psychological trauma in other contexts*, are welcome to attend the Intermediate-Advanced training if they also participate in the Basic conference immediately prior.

- Note that this conference is **not** intended to provide psychotherapy or healing ministry for people in crisis. Dr. Lehman will not be able to provide private consultations, individual ministry, or follow-up after the conference.

More about content:

- Detailed case-study examples: Detailed case-study examples (along with the video clips, live demonstrations, and group exercises) will provide practical, maturity-skill input for the right hemisphere.

- Video clips: Video clips from actual emotional healing sessions will be interspersed throughout the conference, to provide inspiration, to build faith, and to provide real life examples of the principles and tools presented in the lectures.

- Live demonstration(s): Dr. Lehman will hopefully be able to provide two live demonstrations as an especially powerful way of presenting, “This is what intermediate-advanced Immanuel approach work looks like.” (Depending on availability and safety considerations with respect to demonstration volunteers).

- Group exercises: The conference will include a small component of group exercises, where participants will practice several of the principles and tools regarding advanced safety nets and difficulty with finding positive memories. (Unfortunately, we have not found any way to address the HUGE logistical and safety challenges for practicing the other intermediate-advance principles and tools on intermediate-advance content in a large group setting).

Pre-conference preparation: As has been described above, this conference will be addressing *intermediate-advanced* questions and issues. Everyone attending this conference should have a copy of *The Immanuel Approach: For Emotional Healing and for Life*. Dr. Lehman will be referring to it constantly, and strongly recommends that people attending this conference read through to at least chapter 5 before the conference. The more pre-conference preparatory reading you are able to do, the more you will get out of the conference. The (very challenging) ideal is to get through both *Outsmarting Yourself* and *The Immanuel Approach*.

Tentative Schedule:

Friday Nov 15

8:00-8:30 registration

8:30-9:30 Session 1 (60 min: Intro, difficulty positive memories lect 1) **my journey story**

9:30-9:40 **Short break – stretch your legs**

9:40-10:40 Session 2 (60 min: difficulty positive memories lect 2, exercise) **possible video?**

10:40-11:00 **Break (20 minutes)**

11:00-12:00 Session 3 (60 min: Int-Adv safety nets, exercise) **video clip**

12:00-1:00 **Lunch on campus (pack lunches or meal boxes)**

1:00-3:00 Session 4 (live demonstration #1 – 120 min)

3:00-3:20 **Break (20 minutes)**

3:20-4:20 Session 5 (60 min: Guardian lies, describe everything lect 1) **video clip**

4:20-4:30 **Short break – stretch your legs**

4:30-5:30 Session 6 (60 min: Guardian lies, describe everything lect 2) **video clip**

Saturday Nov 16

8:30-9:30 Session 7 (60 min: Internal parts, dissociation) **video clip**

9:30-9:40 **Short break – stretch your legs**

9:40-10:40 Session 8 (60 min: Don't blow yourself up, Absence wounds) **video clip**

10:40-11:00 **Break (20 minutes)**

11:00-12:00 Session 9 (60 min: Gen vs counterfeit lect)

12:00-1:00 **Lunch on campus (pack lunches or meal boxes)**

1:00-3:00 Session 10 (live demonstration #2 – 120 min)

3:00-3:20 **Break (20 minutes)**

3:20-4:20 Session 11 (60 min: Memory anchored blockages) **video clip**

4:20-4:30 **Short break – stretch your legs**

4:30-5:30 Session 12 (60 min: IA lifestyle, Jesus only hope)

Meals and snacks: Snacks for breaks will be provided. Lunch boxes can be pre-ordered as a registration option (\$10/day), or you are welcome to bring your own lunch.

Refund policy: 100% refund to 1 month prior (through Oct 14), minus \$20 administrative fee. 50% refund to 2 weeks prior (Oct 15 through Oct 31). No refund after Oct 31.

General questions? Check out the frequently asked questions below.

Still have questions?

Questions about venue or food? Email Jordan Gentes at jordan@vineyardaz.com

Questions about registration or payment? Email Joanna Tsuyuki at Admin@kclehman.com

Frequently Asked Questions:

I practice Immanuel regularly as a way of connecting to God in joy. Do I need to take the Basic training or can I just take the Intermediate-Advanced training? Yes! You definitely still need to participate in the Basic training conference before taking the Intermediate-Advanced training. In addition to teaching principles and skills for connecting with God in joy, the Basic conference also includes teaching, demonstration, and practice regarding how to put the Immanuel Approach safety net in place, and how to process pain and heal trauma in the context of the Immanuel Approach. If you do not already have training and experience with respect to processing pain and healing trauma from some other setting, the Basic conference is definitely a prerequisite for the Intermediate-Advanced conference.

Will special meal options be available for those with dietary restrictions?: The vendors supplying the meal boxes for this event offer vegetarian, gluten-free, and dairy-free options.

Can I go out to lunch? In order to maximize time for training, we've only allowed one hour for lunch each day. And especially for the basic training, every minute is carefully planned and later exercises require the foundation of earlier teaching and exercises. So it's really, really important to be in your seat and ready to go at the beginning of each session. Furthermore, it's extremely difficult to go out for lunch with a one hour lunch break and still get back in time. *Therefore*, we request that you either bring your own pack lunch or buy the meal boxes. (These can be pre-ordered as a registration option for an additional cost of \$10/day.)

Are scholarships available?: It would be wonderful if there were a university, a larger ministry, or a charitable organization behind Charlotte and I that could provide the funds and the discernment process for awarding scholarships. Unfortunately, this is not the case. The two organizations partnering to bring these conferences to Phoenix (Community Vineyard Church and Frontiers) are also unable to offer scholarships. So if you really, really, really want to participate in these excellent, valuable conferences but don't have the funds, I would encourage you to pursue a "Do It Yourself" scholarship. For example, check with your church, or the healing ministry you are volunteering with regarding the possibility that they might help. Also, if you are providing inexpensive or free ministry to family, friends, fellow-parishioners or clients, I would encourage you to invite them to help you with the cost of the training that enables you to provide the ministry you offer.

Will CEUs be available?: The bad news is that we are not able to provide pre-approved Category 1 CEUs for all participants. The good news is that many states allow each mental health professional to make their own, individual application for CEUs for a specific event. For example, in Pennsylvania the regulations for CEUs for LCSWs, LMFTs, and LPCs include the following: "(d) The Board may approve participation in other continuing education courses or

programs for credit so long as the licensee submits, *prior to attendance*, an application for program approval and supporting documentation provided in § 47.35, and upon completion of the course or program submits verification of attendance.” I have carefully prepared supporting documentation (trying to emphasize the many ways in which this material would be legitimate for mental health professional CEUs), and participants pursuing this do-it-yourself CEU option will receive a certificate of attendance at the end of each of the seminars. (These documents can be downloaded from the bottom of the Events section of the Training page of www.immanuelapproach.com). If your state makes this provision for CEUs for your particular MHP category (Psychiatrist, Psychologist, Psychiatric Nurse Practitioner, LCSW, LMFT, LMHP, LCPC, Addictions Counselor, etc), then the supporting documents just mentioned and the certificate of attendance may enable you to obtain category 1 CEUs (unless your regulatory board has an intense negative reaction to the explicitly Christian components of the material).

More good news is that the CEU requirements in many states for many categories of mental health professional include a category 2 component with much less regulatory restriction. The supporting documents and certificate of attendance should be adequate for these category 2 requirements. The Basic IA training includes 19.5 contact hours, and the Intermediate-Advanced IA training includes 14 contact hours.

Will the Intermediate-Advanced training include a practicum component? The Intermediate-Advanced conference will include a *small* component of group exercises, where participants will practice several of the principles and tools regarding advanced safety nets and difficulty with finding positive memories. (Unfortunately, we have not found any way to address the HUGE logistical and safety challenges for practicing the other intermediate-advance principles and tools on intermediate-advance content in a large group setting). The good news is that detailed case study examples, video clips from live sessions, and live demonstrations will all provide experiential components for the right hemisphere.

Will we obtain Immanuel Approach certification from attending these conferences?:

A number of people have asked whether they will be certified as Basic and/or Intermediate-Advanced Immanuel Approach facilitators as a result of participating in these conferences. Unfortunately, in order to certify a person’s ability to facilitate IA sessions I would need to evaluate emotional capacity and right-hemisphere skill issues, in addition to evaluating cognitive understanding of the material, and this would require hours of careful observation for each participant.

Will live streaming and/or recordings be available?: The bad news is that we will not be live-streaming or recording this conference (among other things, the unpredictable, personal content of the live demonstrations preclude live-streaming and make recording very complicated). **The good news** is that:

- much of the teaching content is available from the book, *The Immanuel Approach: For Emotional Healing and for Life*, and at Dr. Lehman’s IA website, www.immanuelapproach.com
- Video recordings for a wide variety of live session demonstrations are available in both full length and condensed versions (see the *training videos* page of the website)

Please help us promote the conference:

We would appreciate it if you can help us get the word out by sharing this information with anyone you think might be interested.

Getting Started Immanuel Approach Conference:

Tues through Thurs Nov 12 through 14

Immanuel means “God with us.” This promise is the foundation of a growing movement of lay ministers and professionals who are using the Immanuel approach to deepen intimacy with God, discern God's ongoing guidance, and resolve past pain. This method is based on current brain science interpreted through Scripture and proven by repeated applications over the last fourteen years. The Immanuel approach has been developed by Dr Lehman and Dr. E. James Wilder working together in close collaboration, and Dr. Lehman remains one of the foremost experts regarding this new, exciting approach to life and emotional healing. Participants will receive teaching about basic-intermediate Immanuel approach principles and tools. (The importance of relational circuits, how appreciation turns them on, how our brains have been designed to work best in community, how our relationships are memory-mapped, and how we can apply all of this brain science to establish interactive connections with the living presence of Jesus.) Participants will see these principles and tools modeled in video clips and live demonstrations, and they will then practice applying these principles and tools in “hands on” group exercises. Participants who already have some training and experience with the Immanuel Approach will benefit from additional practice with troubleshooting and using IA safety nets. They will also learn about teaching the Immanuel Approach and about leading group exercises as they observe Dr. Lehman modeling these advanced skills.

Combined Getting Started and Intermediate-Advanced: \$410 early registration (ending September 1), \$450 regular registration (ending October 28), \$510 late registration (through November 12). Plus the cost of meal boxes for those who pre-order them (\$10 each, Tues, Wed, Thurs, Fri, Sat lunches). **Note that combined registration includes a \$50 discount for attending both conferences!**