## **Intermediate-Advanced Immanuel Approach Training Seminar**

Two day conference (8:30 a.m. to 5:30 p.m. each day) Karl D. Lehman, M.D.

## **Learning Objectives:**

- 1. Participants will be able to describe key neuro-psychological phenomena that contribute to inappropriate relationships.
- 2. Participants will be able to recognize key warning indicators signaling danger with respect to inappropriate relationships.
- 3. Participants will be able to identify the window of opportunity for most effectively intervening to prevent inappropriate relationships.
- 4. Participants will be able to describe strategic interventions that address the key neuro-psychological phenomena that contribute to inappropriate relationships.
- 5. Participants will be able to identify several common, intermediate level issues/phenomena that can hinder accessing and connecting with positive memories.
- 6. Participants will be able to describe interventions that address several common, intermediate level issues/phenomena that can hinder accessing and connecting with positive memories.
- 7. Participants will begin to be able to apply interventions that address two of the most common, intermediate level blockages that can hinder accessing and connecting with positive memories.
- 8. Participants will be able to identify several common, intermediate level blockages that can hinder construction of the positive memory and appreciation safety net.
- 9. Participants will be able to describe interventions that address several common, intermediate level blockages that can hinder construction of the positive memory and appreciation safety net.
- 10. Participants will begin to be able to apply interventions that address two of the common, intermediate level blockages that can hinder construction of the positive memory and appreciation safety net.
- 11. Participants will be able to describe the interventions that enable the positive memory and appreciation safety net to be effective in more intense and more complicated clinical scenarios.
- 12. Participants will be able to use the positive memory and appreciation safety net in more intense and more complicated clinical scenarios.
- 13. Participants will be able to identify several common, intermediate-advanced level blockages that can hinder the process of resolving traumatic memories, including dissociative disconnection.
- 14. Participants will be able to describe interventions to address several common, intermediate-advanced level blockages that can hinder the process of resolving traumatic memories.
- 15. Participants will begin to be able to apply some of the more basic interventions that address several common, intermediate-advanced level blockages that can hinder the process of resolving traumatic memories.
- 16. Participants will be able to name three important guidelines for using the Immanuel Approach according to mental health professional ethical standards:
  - a) Give proper informed consent for use of the Immanuel Approach.
  - b) Maintain client centered focus prioritizing client's needs, beliefs and goals.
  - c) Give clients complete freedom to choose or refuse use of the Immanuel Approach.