

## **Getting Started – Basic Immanuel Approach Training Seminar**

Three day conference, 8:30 a.m. to 5:30 p.m. each day

Karl D. Lehman, M.D.

### **Presenter Qualifications:**

Dr. Lehman is a licensed physician, IL medical license number: 036.085695

Dr. Lehman is a board certified psychiatrist.

Dr. Lehman has more than thirty years experience with studying, practicing, developing, and teaching tools and techniques that integrate spirituality into the treatment of psychological trauma.

Dr. Lehman is the author of two books on topics related to spirituality and the treatment of psychological trauma (*Outsmarting Yourself*<sup>1</sup> and *The Immanuel Approach*<sup>2</sup>), totally more than twelve hundred pages of content.

Dr. Lehman has produced forty-nine teaching DVDs on topics related to spirituality and the treatment of psychological trauma.

A copy of Dr. Lehman's CV can be provided if additional details regarding presenter qualifications are needed. (E-mail request to [drkarl@kclehman.com](mailto:drkarl@kclehman.com))

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<sup>1</sup>Lehman, Karl D. *Outsmarting Yourself: Catching Your Past Invading the Present and What to Do about It*. Libertyville, IL: This Joy! Books, first edition 2011, second edition 2014.

<sup>2</sup>Lehman, Karl D. *The Immanuel Approach: For Emotional Healing and for Life*. Evanston, IL: Immanuel Publishing, 2016.