

Important Requests, Recommendations, and Cautions: Short Summary

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I. Providers: Please don't claim to teach and/or facilitate the Immanuel approach unless you truly do. Other approaches to emotional healing are often effective, and this is wonderful, but there are new pieces that distinguish the Immanuel sessions from other approaches. Please don't claim to teach the Immanuel approach and/or facilitate Immanuel approach sessions unless you include these new pieces.

II. Recipients: It is essential that you evaluate the person whom you are planning to see. We do not have oversight authority or provide formal supervision for any of the providers in the Immanuel referral network, and many of the providers on the online forum are people we have never met.

III. Cautionary tales. Please read if you're not convinced of the need for these cautions.

IV. Am I providing/receiving the Immanuel approach? Key new pieces for basic sessions:

- Priorities rearranged: primary objective = help the person to connect more intimately with Jesus by removing barriers between her heart and Him.
- Deliberate appreciation, in the context of remembering previous positive experiences with the Lord, to prepare for an interactive connection with Jesus.
- Refreshed perception of the Lord's living presence, and establishment of an interactive connection with Him, as the foundation for everything else in the session.
- Engage directly with Jesus at every point in the session.
- Understanding and process components related to how our brains work better in community.
- More than just healing for psychological trauma.
- Immanuel approach troubleshooting and Immanuel interventions:
 1. Ongoing coaching to engage directly with Jesus for connection, guidance, and assistance at every point in the session.
 2. Monitor the person's interactive connection, and apply Immanuel interventions at any point the person loses adequate interactive connection with the Lord.
- Safety net of returning to Initial positive memory and interactive connection.

V. Additional new pieces for complete, richest version of the Immanuel approach:

- Understanding regarding inadequate capacity, and employing attunement relational connection to augment and build capacity.
- Advanced Immanuel intervention troubleshooting.
- Immanuel stories.
- Facilitator establishes her own interactive connection and engages directly with the Lord throughout the session.
- Additional understanding regarding processing tasks, and process components that apply this understanding.

- Additional understanding regarding the value of faith, and concrete steps for increasing it.

VI. Facilitators and trainers should be using the Immanuel approach for healing and growth in their own lives.

VII. If necessary, find/recruit your own provider.

VIII. Many providers have other tools in their tool belt, and the plan that works best for your emotional healing may ideally include using some of these other tools.

IX. There are many folks using the Immanuel approach who are not on our lists. (don't assume that a person isn't using the Immanuel approach just because she isn't on our Immanuel colleagues page or the online forum).